







Dining at Alanbrooke		School Dinner - Week 1 w/c: 4 th & 25 th Sept, 16 th Oct, 13 th Nov, 4 th Dec	School Dinner - Week 2 w/c: 11 th Sept, 2 nd & 30 th Oct, 20 th Nov, 11 th Dec	School Dinner - Week 3 w/c: 18 th Sept, 9 th Oct, 6 th & 27 th Nov, 18 th Dec	The Potato Oven 	
Meat free Monday	Main dish	Quorn Tikka Masala and Rice	Cheese and Tomato Pizza	Cheese and Tomato Pasta	Jacket with Tuna	<i>Jacket Potatoes are served with the side dishes of the day and the pudding of the day (see weekly menu ← for details)</i>
	Side dishes	Sweetcorn and Broccoli Herbie Bread	Sweetcorn Sauté Potatoes Crusty Bread	Peas & Carrots Fresh Bread		
	Pudding	Sticky Toffee Pudding and custard or Fresh Fruit	Arctic Roll and Peaches or Fresh Fruit	Rice Pudding or Fresh Fruit		
Tuesday British Favourites	Main dish	 Sausages	Cottage Pie	Chicken Korma and Rice	Jacket with Cheese or Beans	<i>Jacket Potatoes are served with the side dishes of the day and the pudding of the day (see weekly menu ← for details)</i>
	Side dishes	Peas and baked beans Mash Wholemeal Bread	 Peas and Carrots Wholemeal Bread	Beans and Cauliflower Bread		
	Pudding	Yoghurt and Abbey biscuit or Fresh Fruit	Apple and Cinnamon Crunch Crumble and Custard or Fresh Fruit	Fruity Gingerbread & custard or Fresh Fruit		
Wednesday Traditional dishes	Main dish	Minced Beef and Yorkshire Pudding	Roast Chicken, Stuffing and Gravy	Minced Beef and Dumpling	Jacket with Cheese or Beans	<i>Jacket Potatoes are served with the side dishes of the day and the pudding of the day (see weekly menu ← for details)</i>
	Side dishes	Roast Potatoes Cabbage and Carrots Crusty bread	Carrots & Peas Parsley Potatoes Herbie Bread	Creamed Potatoes Seasonal Vegetables Crusty Bread		
	Pudding	Apricot Flapjack or Fresh Fruit	Organic Apple Cake or Fresh Fruit	Custard Cookie and Apple Wedge or Fresh Fruit		
Thursday Worldwide Menu	Main dish	Chicken Fingers	Meatballs in tomato sauce	Chilli Beef Wrap	Jacket with Cheese or Beans	<i>Jacket Potatoes are served with the side dishes of the day and the pudding of the day (see weekly menu ← for details)</i>
	Side dishes	Mixed Salad Baked Potato Fresh Bread	Veggie Sticks Brown Rice Fresh Bread	 Salad Diced Potatoes Wholemeal Bread		
	Pudding	Pineapple cake and Custard or Fresh Fruit	Chocolate Cake and Chocolate Sauce or Fresh Fruit	Autumn Marble Berry Sponge or Fresh Fruit		
Fish Friday	Main dish	Battered Fish	Breaded Salmon	Fish Fingers	Jacket with Tuna or Cheese	<i>Jacket Potatoes are served with the side dishes of the day and the pudding of the day (see weekly menu ← for details)</i>
	Side dishes	Peas & Carrot Sticks Chips Bread	 Broccoli and Carrots Chipped Potatoes Crusty bread	Sweetcorn and Baked Beans Chipped potatoes Bread		
	Pudding	Chocolate Crispy and Orange or Fresh Fruit	Swiss Bun or Fresh Fruit	Orange Shortcake or Fresh Fruit		

Autumn Term 2017 Menu at Alanbrooke